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living

# body + soul

## Stress-Free Holidays!

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## Cozy Comfort

Slip into easy warmth this season with a selection of our favorite sweaters, each woven from soft ecofriendly fibers such as organic wool and recycled cotton and cashmere.

**Thumbs Up** Blanket yourself in organic wool sourced from sheep grazed on pesticide-free land. **BROOK THERE's** Tubeshirt, a modern, extra-warm turtleneck, features an oversized cowl and long sleeves, nicely finished with silk-faced thumbholes. \$242, [brookthere.com](http://brookthere.com)

**Consciously Crafted** South American artisans hand-knit each **Belted Cardigan** by **INDIGENOUS DESIGNS** from heavy, organic cotton yarn—and each purchase helps support them and the fair-trade co-ops in which they work. \$150, [indigenousdesigns.com](http://indigenousdesigns.com)

**Rags to Riches** Recycled cashmere gives **É KO LOGIC's** Betty sweater a rich texture, while understated feminine details (nipped-in waist, boatneck collar with small buttons) complement curves. \$254, [ekologic.com](http://ekologic.com)

**In the Hood** With a thick-rib knit, warm hood, and sizable buttons, **MARGARET O'LEARY's** Reinvented Hoodie gets extra softness from its comfy source material: recycled cotton T-shirts. \$298, [sundancecatalog.com](http://sundancecatalog.com)

